

# Stargold<sup>the</sup>Food Fairy

by Claudia Lemay, RD



## Word Finder

M I N E R A L S S O Y L I M A F  
V E G E T A B L E S B F U X O R  
I I A S L I O W S E R S O O E U  
T C N T B U N I A A C R D B L I  
A U T B A D E N M L A F O H N T  
M L I E E L S E E N A U R C O S  
I D O L H R T S G I P I C N I C  
N L X P S H R E R P E A N U T O  
S O I P K T N Y R I A D K L I M  
A G D A C L I G A N S E N U R P  
P R A E I A S R R N A S O U T U  
P A N N R E I E A A A T L S U T  
L T T I B H A N E G I N I O N E  
E S S P E A R E G G E N A V O R  
S F I S H C A N I P S M S B E T  
S E O T A M O T C A R R O T S S

FIND THE WORDS IN THE TABLE ABOVE TO DISCOVER LUCIE'S SPECIAL MAGICAL MESSAGE FOR YOU WITH THE LEFTOVER LETTERS.

MEAT ALTERNATIVES	CARROTS	FAMILY	OMEGA	RAISIN	PICNIC
MILK DAIRY	SPINACH	ORANGE	PINEAPPLE	SESAME	GRAINS
ENERGY	FRUITS	BONES	PEANUT	HEALTH	BRICKS
FOOD FAIRY	COMPUTER	PEAR	LUNCHBOX	EGG	FRAME
VITAMINS	PRUNES	LUCIE	ANTIOXIDANTS	BERRY	BANANA
APPLES	TOOLS	STARGOLD	MINERALS	BEANS	MUSCLES
TOMATOES	NUTRITION	OILS	VEGETABLES	SOY	FISH